



7-8 Rules

8V8-7 plus goalie

No off sides

No penalty kicks

Between 11-13 players on a team

One practice day(determined by coach), one game day.

Practices do not begin until May 15th.

Absolutely no playing or practicing on fields before May 15th.

Goalies must wear helmets and scrimmage vest.

12 ½ minute quarters

1 coach on field during game per team.

Direct free kick for a handball.

Corner kicks

Size 4 ball

No running up the score- Please pull best players back if you have more than a 4 goal lead. We are here to have fun.